

## MIDLOTHIAN VOLUNTARY ACTION (MVA)

### SOURCES OF INFORMATION - ALCOHOL AND DRUGS

(amended 29 September 2010)

This is not intended to be a comprehensive list of information on Alcohol and Drugs issues but hopefully it will be of some use. If there are any websites/organisations that you think should be included, please email: [margaret.nisbet@mvacvs.org.uk](mailto:margaret.nisbet@mvacvs.org.uk).

MVA have produced a number of other Information Lists - for details go to the MVA website - <http://www.mvacvs.org.uk/publications/mva/index.html>

ORGANISATION/ SERVICE	CONTACT/WEBSITE	NOTES
<b>MIDLOTHIAN AND EAST LOTHIAN</b>		
Midlothian and East Lothian Drug and Alcohol Partnership (MELDAP) - replaced the MDAAT (Midlothian Drug and Alcohol Action Team)	<a href="http://www.midlothian.gov.uk//Topic.aspx?TopicId=140">http://www.midlothian.gov.uk//Topic.aspx?TopicId=140</a>  <a href="http://www.midlothian.gov.uk">www.midlothian.gov.uk</a>	Website includes info on MELDAP, also links to info on drugs and alcohol services; services specifically for young people; etc.
CLEAR Project (Community Lived Experience for Alcohol and Drugs Recovery)	<a href="http://www.health-in-mind.co.uk/ORCHARDCENTRESERVICES.asp">www.health-in-mind.co.uk/ORCHARDCENTRESERVICES.asp</a>	CLEAR has two available routes for support that run alongside each other: The Peer Support Service and the CLEAR Drop-In - further info on website.
Friday Friends - Haddington based outreach programme, with a Christian Ethos, to those in the community who are experiencing issues of alcohol and/or drug use or dependency.	<a href="mailto:fridayfriends@btinternet.com">fridayfriends@btinternet.com</a>	Drop-in clubs with lunch on a Tuesday and Friday. They also run a preventative outreach to 13-16 year olds on a Saturday night.
MELD (Mid and East Lothian Drugs)	<a href="http://www.meld-drugs.org.uk">www.meld-drugs.org.uk</a>  new website August 2010	information, advice, counselling and support for drug users, their families and friends - further details of services on new website
MVA Alcohol and Drugs e-mail list- for sending out	<a href="http://www.mvacvs.org.uk/information/index.html">www.mvacvs.org.uk/information/index.html</a>	To subscribe to receive emails (and e-briefings)

information e.g. events, publications etc		if any), email <a href="mailto:margaret.nisbet@mvacvs.org.uk">margaret.nisbet@mvacvs.org.uk</a> or go to
<b>MYPAS</b> - aims to improve the health and wellbeing of young people aged 12 - 25 across Midlothian.	<a href="http://www.mypas.co.uk/home">http://www.mypas.co.uk/home</a>	MYPAS currently works with young people in the areas of Sexual Health, Mental Health and Substance Use.
<b>Y2K (Mayfield &amp; Easthouses Youth 2000 Project)</b>	<a href="http://www.youth2000project.com/">http://www.youth2000project.com/</a>	
<b>NATIONAL, REGIONAL ETC</b>		
<b>Addaction</b> - UK-wide drug and alcohol treatment charity	<a href="http://www.addaction.org.uk">www.addaction.org.uk</a>	
<b>Al-Anon Family Groups</b>	<a href="http://www.al-anonuk.org.uk">www.al-anonuk.org.uk</a>	Including Alateen for 12-17 year olds affected by a problem drinker
<b>Alcohol Concern</b> - national voluntary agency on alcohol abuse (UK) - great information resource - includes lots of Factsheets e.g. Gay and Lesbian people's drinking Factsheet	<a href="http://www.alcoholconcern.org.uk">www.alcoholconcern.org.uk</a>	Extensive website includes: Knowledge Base; Help and Information; Bookshop and Library; Events and Training
<b>Alcohol Focus Scotland</b> - national voluntary organisation (Scotland) for alcohol issues	<a href="http://www.alcohol-focus-scotland.org.uk">www.alcohol-focus-scotland.org.uk</a>	Information on alcohol; events; publications etc
<b>Alcohol Information Scotland</b> - Scottish Executive website - wide range of information on alcohol issues	<a href="http://www.alcoholinformation.isdscotland.org">www.alcoholinformation.isdscotland.org</a>	
<b>Drug Misuse Information</b>	<a href="http://www.drugmisuse.isdscotland.org">www.drugmisuse.isdscotland.org</a>	Lots of information

Scotland, Scottish Executive - information and research	<a href="http://d.org">d.org</a>	including media reports, publications, policy documents, help for drug problems
<b>Drugscope</b> - UK wide, independent centre of expertise on drugs	<a href="http://www.drugscope.org.uk">www.drugscope.org.uk</a>	Resources, publications etc
<b>Edinburgh &amp; Lothian Council on Alcohol (ELCA)</b>	Tel: 0131 337 8188 Email: <a href="mailto:elca@btconnect.com">elca@btconnect.com</a>	
<b>Fast Forward</b> - national voluntary organisation based in Edinburgh	<a href="http://www.fastforward.org.uk">www.fastforward.org.uk</a>	Health promotion through education by, with and for young people, focusing on the prevention of drug, alcohol and tobacco misuse
<b>Home Office Drugs Site</b>	<a href="http://www.drugs.gov.uk">www.drugs.gov.uk</a>	
<b>Joseph Rowntree Foundation</b> - research reports etc	<a href="http://www.jrf.org.uk">www.jrf.org.uk</a>	
<b>Know the Score</b> - Scottish Executive Drugs website - info for drug users, parents and professionals	<a href="http://www.knowthescore.info/kts/CCC_FirstPage.jsp">www.knowthescore.info/kts/CCC_FirstPage.jsp</a> Helpline: 0800 587 587 9	
<b>Russell House Publishing</b> - wide variety of publications in fields of community work, social work, youth work etc - includes alcohol and drug abuse	<a href="http://www.russellhouse.co.uk">www.russellhouse.co.uk</a>	
<b>Scottish Drugs Forum</b> - the national non-government drugs policy and information agency	Tel: 0131 221 9300 <a href="http://www.sdf.org.uk">www.sdf.org.uk</a>	
<b>Scottish Government - Drugs and Alcohol</b>	<a href="http://www.scotland.gov.uk">www.scotland.gov.uk</a>	

Scottish Government publications - the SE publishes a variety of reports and statistics on alcohol and drug misuse	<a href="http://www.scotland.gov.uk/publications">www.scotland.gov.uk/publications</a>	
STRADA (Scottish Training on Drugs and Alcohol) - training, education and development opportunities for staff working in the drug and alcohol field	<a href="http://www.projectstrada.org">www.projectstrada.org</a>	Short courses and academic programmes

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**Disclaimer:** The opinions expressed in any of the publications or websites are not necessarily the opinion of MVA and we cannot accept any responsibility for viruses or the integrity of downloads. Please also note that though the website addresses were checked at the time of producing this list, we cannot guarantee that they will remain valid.

If you spot any mistakes, or know of something that should be added, please contact Margaret Nisbet, Information Officer, Midlothian Voluntary Action, 4/6 White Hart Street, Dalkeith, EH22 1AE Tel: 0131 663 9471, email: [margaret.nisbet@mvacvs.org.uk](mailto:margaret.nisbet@mvacvs.org.uk), website: [www.mvacvs.org.uk](http://www.mvacvs.org.uk).



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