

MIDLOTHIAN VOLUNTARY ACTION (MVA)

**SOURCES OF INFORMATION - ADVOCACY and BEFRIENDING** (Amended 27 July 2010)

ORGANISATION/SERVICE	CONTACT/WEBSITE	NOTES
Advocacy for Carers (VOCAL)	<a href="http://www.vocal.org.uk/advocacy.htm">http://www.vocal.org.uk/advocacy.htm</a>	A free and confidential service for carers by carers
Advocard - advocacy for mental health users in Edinburgh only - but some useful links - organisations and mental health law	<a href="http://www.advocard.org.uk">www.advocard.org.uk</a>	
Befriending Network Scotland	<a href="http://www.befriending.co.uk">www.befriending.co.uk</a>	events, training, publication, links etc
Borders Independent Advocacy Service (BIAS) -	<a href="http://www.bordersadvocacy.org.uk/">http://www.bordersadvocacy.org.uk/</a>	work throughout the Scottish Borders area
Consultation and Advocacy Promotion Service (CAPS) - for people who use, or have used mental health services.	<a href="http://www.capsadvocacy.org">www.capsadvocacy.org</a>	CAPS independent advocacy - individual and collective advocacy; services in Edinburgh, East Lothian and Midlothian
EARS Advocacy Service for Older People - Edinburgh & the Lothians	<a href="http://www.ears-advocacy.org.uk">www.ears-advocacy.org.uk</a>	Independent, professional advocacy for older people in, or moving into, long term care
Home Link - a befriending service for families with preschool children living in Midlothian	<a href="http://www.homelinkbefriending.org">www.homelinkbefriending.org</a>	
Joseph Rowntree Foundation	<a href="http://www.jrf.org.uk">www.jrf.org.uk</a>	publications
MECOPP	<a href="http://www.mecopp.org.uk">www.mecopp.org.uk</a>	Advocacy and Representation for Minority Ethnic Carers in the Lothians

Partners in Advocacy -	<a href="http://www.partnersinadvocacy.org.uk">www.partnersinadvocacy.org.uk</a>	Partners in Advocacy provides advocacy to adults using learning disability services and to children and young people using mental health services or with any additional support needs, in Edinburgh, East & Mid Lothian, East Renfrewshire, Glasgow & Dundee.
People First (Scotland)	<a href="http://www.peoplefirstscotland.org/">http://www.peoplefirstscotland.org/</a>	Independent self-advocacy movement for people with learning difficulties in Scotland
Powerful Partnerships	<a href="http://www.powerfulpartnerships.org.uk">www.powerfulpartnerships.org.uk</a>	Citizen advocacy for people with learning disabilities
Scottish Independent Advocacy Alliance (SIAA) - website includes a searchable directory of advocacy organisations in Scotland	<a href="http://www.siaa.org.uk">www.siaa.org.uk</a>	Website includes info on Advocacy; Policy & Legislation; Publications; Training etc
VOCAL	<a href="http://www.vocal.org.uk">www.vocal.org.uk</a>	

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**Disclaimer:** The opinions expressed in any of the publications or websites are not necessarily the opinion of MVA and we cannot accept any responsibility for viruses or the integrity of downloads. Please also note that though the website addresses were checked at the time of producing this list, we cannot guarantee that they will remain valid.

If you spot any mistakes, or know of something that should be added, please contact Margaret Nisbet, Information Officer, Midlothian Voluntary Action, 4/6 White Hart Street, Dalkeith, EH22 1AE Tel: 0131 663 9471, email: [margaret.nisbet@mvacvs.org.uk](mailto:margaret.nisbet@mvacvs.org.uk), website: [www.mvacvs.org.uk](http://www.mvacvs.org.uk).

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Midlothian Voluntary Action is registered in Scotland as a company limited by guarantee (No. SC219994), and as a charity (No. SC008286)

Midlothian Voluntary Action, 4/6 White Hart Street, Dalkeith, EH22 1AE



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